

Table 2. Transition Goals and Objectives Mapped to Got Transition’s Core Elements and Medicine and Pediatrics Residency Milestones

	Core element	Milestone
A. Residents should be able to demonstrate knowledge and skills of the issues around the transition from pediatric to adult care for YSHCN		
1. Understand the differences between adult and pediatric care, including cultural and practice differences, systems of support offered to patients and families, differences in care delivery, and how that affects the clinicians’ relationship with the patient and their family.		P-SBP1
2. Understand the elements of transition preparation, including key elements of patient, family and clinician preparation, as well as timing of transition preparation in the scope of adolescent and young adult practice.	3 readiness	M- SBP4, P-PC3
3. <i>Understand common chronic diseases of childhood onset.</i>		M-MK1
4. <i>Perform a complete history and physical in a YYA with physical disabilities and/or intellectual disabilities</i>		M-PC1, P-PC1
5. Communicate and coordinate effectively around hand-offs in care transition between pediatric and adult specialists and primary care providers, multidisciplinary care team members, as well as with patients and families.	5 transfer	M -SBP4, P-PC3
6. Demonstrate the ability to work as an effective member of an interprofessional team to support youth with health care transitions.	4 plan	M-SBP1, ICS2 P-SBP3
7. Develop and update transition plan of care, addressing decision-making status and self-management.	4 plan	M-PC2, P-PC5
8. Apply effective coding and billing practice for transition care.	5 transfer	M-SBP3
9. (expert) Utilize a transfer package, including readiness assessment, plan of, medical summary and emergency care plan, and, if needed, legal documents, condition fact sheet, and additional provider records.	5 transfer	M-SBP3
B. Residents should understand the development and psychosocial aspects of transitioning to adulthood for YSHCN		
1. Describe developmental considerations in typical adolescence and emerging adulthood, and the delivery of developmentally appropriate care.	3 readiness	P-ICS2
2. <i>Recognize the diversity of YYA and families with regards to sociocultural factors (e.g., culture, race, ethnicity, religion, gender, sexual orientations, disabilities, and socioeconomic status) and how difference in beliefs, practices and backgrounds may impact patient care and family dynamics.</i>		M- PROF3, ICS1 P-ICS1
3. Identify and address the mental health needs in YYA with special health care needs.	4 plan	P-ICS2

4. Describe the impact of having a special health care need on development	3 readiness	M-MK1
5. Identify and manage reproductive and sexual health issues in YYA with special health care needs	4 plan	P-PC4
6. Demonstrate the ability to provide effective counseling to increase adherence to medical recommendations for YYA and their families.	3 readiness	M-PROF3, ICS1, P-ICS1
7. Understand the challenges of parenting a YYA and evolving parenting roles in health care decision-making and chronic disease management	1 policy	M-PROF1, P-PROF1
8. <i>Recognize issues related to caregivers for YYA with intensive home care needs</i>		P-SBP1
9. Partner with YYA and families to develop self-care skills in a developmentally appropriate manner	3 readiness	M-PROF1 P-PROF1
10. Demonstrate the ability to perform and document a psychosocial assessment of a YYA with consideration of confidentiality issues.	1 policy	M-PC1 P-PC1
11. Collaborate with YYA and families to develop advance care plans when appropriate, including advance directives and identifying goals of care.	4 plan	M-PROF1 P-PROF1
12. Understand the medical-legal and financial aspects of care for YA with developmental disabilities (e.g., guardianship and conservatorship)	4 plan	M-SBP1, ICS2 P-SBP3
C. Residents should understand how YSHCN and their families are impacted by insurance policies and social services as they age from childhood to adulthood		
1. <i>Identify key resources for patients and families in the home environment including home care services and durable medical equipment (DME)</i>		M-PC2 P-PC5
2. (expert) Understand insurance types and eligibility and how changes to insurance status and availability across the pediatric to adult transition impacts access to care.	4 plan	M-SBP3
3. (expert) <i>Identify government income support programs at the local, state and national level for YYA with special health care needs</i>		M-SBP3
4. (expert) <i>Identify available community resources for housing and residential services for YYA with developmental disabilities.</i>		M-SBP4 P-PC3
D. Residents should understand and address the educational and vocational needs of YYA with special health care needs		
1. <i>Understand the rights granted under the Individuals with Disabilities Education Act and Section 504 of the Rehabilitation Act.</i>		P-PROF2
2. <i>Collaborate with youth and families to help them access the education resources needed to maximize educational</i>		P-PROF2

<i>attainment, including requesting school accommodations and participating in Individualized Education Plan (IEPs).</i>		
3. <i>(expert) Identify community-based, state and federal resources for children and adults with developmental disabilities.</i>		P-PROF2
4. <i>(expert) Formulate vocational goals with youth and families helping them to identify vocational rehabilitation services and programs, employment opportunities and needed job accommodations.</i>		P-PROF2
E. Residents will be able to apply knowledge of health care systems to their practice environment and beyond to improve patient care and policies for YYA with special health care needs.		
1. Identify and implement appropriate transition-related policies.	1 policy	P-MK1
2. Demonstrate the ability to advocate for the needs of YYA with special health care needs.	6 completion	M-SBP2 P-SBP2
3. <i>(expert) Enter transitioning youth into a registry and track their progress.</i>	2 registry	P-PROF2
4. <i>(expert) Conduct regular transition readiness assessments and create prioritized actions for youth development. (added)</i>	3 readiness	M-SBP2 P-SBP2
5. <i>(expert) Elicit feedback about transfer process from youth and providers, cultivating collaborative partnerships. (added)</i>	6 completion	M-SBP2 P-SBP2
6. <i>(expert) Utilize a transfer package, including readiness assessment, plan of care, medical summary and emergency care plan, and if necessary, legal documents, condition fact sheet, and additional provider records. (added).</i>	3 readiness 4 plan 5 transfer	M-SBP1, ICS2 P-SBP3

YYA, youth/young adult; YSHCN, youth with special health care needs

Note: All objectives are mapped to a Medicine (M) and/or Pediatrics (P) milestone. Objectives listed in italics refer to content oriented towards specific special care needs and do not map onto any one Core Element.